

GUIDE TO FIND A DATE



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Foreword

With all the other pressures in life a person has to go through the addition of having to content with the uncomfortable and often challenging scenarios that meeting new people present can be more that what people can handle.

Guide to Find a Date

Chapter 1:

*All You Need To Know About Meeting New People
(Potentially Your Date)*

Synopsis

Learning the art of meeting new people with the eventual idea of turning these encounters into potential dating candidates should be explored with great care.

Basics Of Meeting People

The following are some tips to consider when learning how to cope with meeting new people:

- There is no way an individual is going to be able to meet people new or already acquainted by sitting around at home or simply burying one's self in work. Therefore there is a need to ensure the individual makes the effort to get out into the social scene and actively make social contact with others.
- Also to be noted is the fact of simply going out into the social scene is not really effective enough. The individual has to actually physically participate in the ongoing events and strike up conversations at every possible opportunity. Making concrete plans with new found friends will help to further enhance the possibility of keeping contact with the new liaisons.
- Taking sometime to explore new social gatherings will be of help, especially if the individual is in a new environment. Doing some online research to find out about events that the individual finds interesting and noting the days and times with the intention of visiting these events will help the individual meet new people.
- Learning the art of starting conversations that have interesting content matter will help to portray the individual as well informed and intelligent.

Chapter 2:

Saying Hello In The Grocery Store

Synopsis

There are people who will attest to the fact that the grocery store is a great way to meet people. Almost everyone has to go to the grocery store at one time or another and doubling this with the art of making new friends will make the experience even more interesting and worthwhile.

Using The Local Store

The following are some tips of how to make a connection at a grocery store without seeming too needy or pushy:

- Perhaps the first thing to consider would be to be appropriately attired. There is no need to be dressed to the hilt; rather even a simple ensemble of sweats would be suitable enough as long as it looks appealing to the eye. Personal hygiene is also something that should be considered, as it does make an impression on others around.
- Another popularly used technique when trying to strike up a conversation with someone at the grocery store would be to enquire about a product that the person has in their shopping cart. This is a great way to start a conversation as long as it is done in a seemingly non invasive way. Keeping the inquiry short and light and smiling all the time will help to put the other party at ease enough to address the queries with equal enthusiasm.
- At checkout counters where there is a long queue, striking up a conversation will also be very convenient. The conversation could be started by enquiring about a particular product the other person purchased and its positive attributes. It would not be advisable to point out the negatives as this may end up putting the other party on the defensive and stop the possibility of having a conversation. Projecting an image of interest could get the other party to take the conversation further.

Chapter 3:

Recommending A Book In A Local Bookstore

Synopsis

If the individual looking to meet someone is intellectually inclined, meeting likeminded people would be a welcomed exercise and this can be effectively achieved in a bookstore environment. It would be a fair assumption to make that others visiting the bookstore will be doing so because they have a liking for reading, hence the time spent at the store.

Recommend And Make A Friend

The following are some tips on how to meet new people in a bookstore environment, particularly by recommending a book:

- Perhaps the first step would be to choose a bookstore. Walking in randomly to just any bookstore will not be a very wise decision, as it would be obvious why he or she is there as they will be totally unfamiliar with the layout and the general content style the bookstore. Therefore, taking the time and effort to study the types of books the particular store caters to will definitely be an added advantage.
- Finding a bookstore that has the facilities of a coffee corner or a café will be even better, as the individual can then suggest a discussion of the book over a cup of coffee. This is usually a well received invitation as the surroundings and atmosphere for the proposed interaction are both familiar and non-threatening. Also both parties will not be pressured into taking the next step if it is discovered that there is really no connection to explore after the initial chat over coffee.
- Recommending a book at a store that is open for longer hours and during weekends would be better, as the other party will be more likely to stop and take the time to be open to a discussion, if he or she is not busy rushing around between lunch breaks or rushing home after work.

Chapter 4:

Hitting The Gym

Synopsis

If an individual is interested in meeting people in the “flesh”, then the gym would be the ideal place for such encounters. Most online connections don’t really have the actual visual effects that meeting in the “flesh” presents. Therefore, for those individuals who rate the outward appearance highly, this scenario of meeting people would be ideal.

Things To Consider

The following are some of the elements that should be seriously considered when deciding to establish new encounters by hitting the gym:

- Looking good is always an advantage when it comes to meeting new people. It is rather unfortunate to note that most people are automatically drawn to an overall attractive “package”. Therefore, making the effort to be pleasingly attired would be a good idea. Leaving the unattractive baggy sweats at home for workouts in the privacy of personal surroundings will better benefit the chances of getting interested parties to initiate conversations. Wearing bright colors will also help to draw the attention of others, especially if the intention is to stand out among a sea of sweaty bodies working out.
- Looking impressive by engaging in a good workout regiment will also be well noticed as then the other party will be confident that keeping fit is a common agenda in which shared participation is likely. Using equipment that will most compliment the individual’s capabilities is something to consider, as looking like a bumbling fool is not attractive and attention grabbing for the wrong reasons.
- Picking a gym with other add-on facilities that are functional for both men and women is also another attractive option to look into. Most people require some down time after their exhausting exercise regimen and this can be an ideal place to strike up a conversation.

Chapter 5:

Meeting Active People Through Sports

Synopsis

There are a lot of ways to meet new people, but if the individual is a sports fan, then making the effort to meet like minded people will definitely be more beneficial in the long run, if there is a connection to explore.

Score By Meeting With Sports

Most sport active individuals will make good partners with other likeminded people. Therefore, when trying to meet new people they may want to try searching in sports related environments.

The following are some tips to consider when the intention is to meet other sport active people for a possible connection.

- Depending on the sporting capabilities of the individual, joining a team for a particular sport will help to get the individual in the company of the said person for a period of time. This time can also double up as a good platform for exploring the possibilities of building new and lasting friendships and maybe even provide for the possibility of forming romantic relationships. There is also the chance of meeting other people outside the actual team, should events be organized where there are additional people invited.
- Joining a sports club will also help the individual get involved in the activities organized by the club, thus opening the doors to meeting new people. This will enable the individual to widen their circle of friends and perhaps even make connections of a romantic sort. There are many sports clubs but choosing the right one should be a priority as there will be little benefit in joining one where the individual is incapable of contributing to the game.
- Attending tournaments and sport events can also help the individual meet new people. This is usually a more casual setting and people are more approachable.

Chapter 6:

Join A Photography Club

Synopsis

Meeting new people is a fun exercise to indulge in, and doing so in a area of shared interests is even better. This will feature heavily in facilitating an enjoyable and productive encounter. Joining a photography club is one exciting option to explore when it comes to meeting new people.

Take Some Snapshots

The following are some of the reasons that usually encourage people to join photography clubs that have the intention of meeting new people:

- Being able to be in the company of like minded people is very stimulating and gratifying, especially if the individual is fairly serious about their photography venture. Sharing new and innovative ideas about elements within this niche field is often as rewarding as the possibility of starting new and lasting liaisons.
- Photography clubs often organize events and competitions that allow the individual to showcase their talents and also creates a platform to be noticed by other who may be impressed enough to strike up a friendship. This will also allow the individual the opportunity to widen their already existing circle of friends. This is indeed an exciting prospect to be able to meet people from different nations and exchange ideas and even perhaps the opportunity to connect in a romantic liaison.
- Most photography clubs run on a very interactive style that will require all participants to be proactive. This is another good platform for the individual to extend help to another participant. People are usually drawn to one another when they are adequately impressed by the person's evident capabilities.

Chapter 7:

Accept Invitations To Parties

Synopsis

Meeting people anywhere and everywhere should be an exercise that is physically and mentally enlightening. This is particularly so in a casual setting such as the party scene, where everyone is supposedly trying to look and behave at their best.

Let Loose And Meet New People

The following are some reasons why accepting an invitation to a party is a great way to meet new people in a way that is both beneficial and exciting:

- Having accepted the invitation, the individual should be able to have reasonable expectations about the general outcome of the event. Being overly concerned about the elements surrounding the event will only put undue pressure on the individual. Therefore, having the preconditioned mindset to simply enjoy the party and make friends will help ease the often unnecessary built up tension within.
- Taking the trouble to look good will contribute positively to the overall confidence level of the individual, and this is definitely an obvious sign to those around. Confidence is usually a good magnet to draw positive attention to one's self and this will also help to facilitate casual conversations easily.
- Being a good conversationalist will also help to encourage others to be drawn into a connection which will be viewed as exciting and informative. Therefore, it would be in the best interest of the individual to be well prepared with current and updated information on a variety of topics, so that suitable interjections can be made into an ongoing conversation.
- Moving around and mingling with different groups of people will also help the individual to be exposed to various other guests at

the party. This will help to make the whole event more exciting and allow the individual to make a good number of new friends before the party is over.

Chapter 8:

Joining Your Local Public Events

Synopsis

Being part of a locally organized event is also a good way of getting into the game of meeting new people, while being useful and productive at the same time. There is usually a wide array of local public events to choose from, and choosing one that is most suitable to the capabilities and interests of the individual is an ideal exercise to embark on.

Utilize Social Events

The following are some of the reasons given by most people who are actively committed to being part of local public events:

- Making the commitment to be part of a local public event usually requires some energy and time. If this is not considered before the actual commitment is made, it can come as an unwelcomed shock to the individual. However, most people who commit to this type of activity usually enjoy the challenge of being part of the event and also meet many new people. Meeting new people this way also helps both parties to be privy to a certain extent.
- Joining local public events will also allow the individual to meet new people in surrounding areas which are positive, should the parties decide to take the new found connection or friendship further. Being able to meet on a future date at a place which is familiar to both parties will present a safer and more comfortable option. There is also the fact that because the event is a local and public one, everyone will be able to stay in contact should they decide to do so and perhaps even run into each other periodically. This would be an ideal setup to organize future get together events that would involve a smaller and more intimate setting.

Chapter 9:

Be A Volunteer For Charity Events

Synopsis

There are a lot of ways of meeting new people available today but very few consider volunteering at charity events as ideal. However, with a little time and effort, anyone can identify a suitable charity event that catches the interest enough to commit to such an activity and have the added benefit of meeting a whole new group of people.

The Multiple Benefits Of Volunteering

The following are some very convincing reasons as to why one should consider volunteering at charity events both as a fulfilling exercise and also a way to meet new people:

- Volunteers generally have a lot of fun during and after the event. There is a real strong sense of comradeship, which often extends beyond just the tasks involving the charity event itself, and most times get together sessions are organized which are not really connected to any particular charity event. These sessions give the volunteers the opportunity to meet and socialize outside the hectic event setting, as a more relaxed atmosphere provides for better conversation opportunities and connections.
- Most volunteers are open to trying new things and are a rather adventurous lot, therefore being a part of this would definitely be worth the experience, as the possibility of learning new things is something money cannot buy. This gratifying experience will also help to build a good foundation and be a great topic of discussion, should the opportunity arise for displaying such knowledge and experiences.
- People who volunteer for charity events are usually very likeable and happy people who simply want to lend a hand in making life better for others. This says a lot about the character of the individual, and building a relationship, either of the romantic kind or simply just a friendship is often very rewarding and long lasting.

Wrapping Up

There are many ways to meet new people. No matter what type of personality you have, there is surely a method that will properly fit you. Do not spend your life alone. You are worth more than that! You are a very likeable person, you just need to get out so people can see how great you are. It may be a scary task to get out there and meet new people, but if you utilize the tips mentioned in this book you will surely succeed. Get out there and meet someone new, what are you waiting for?