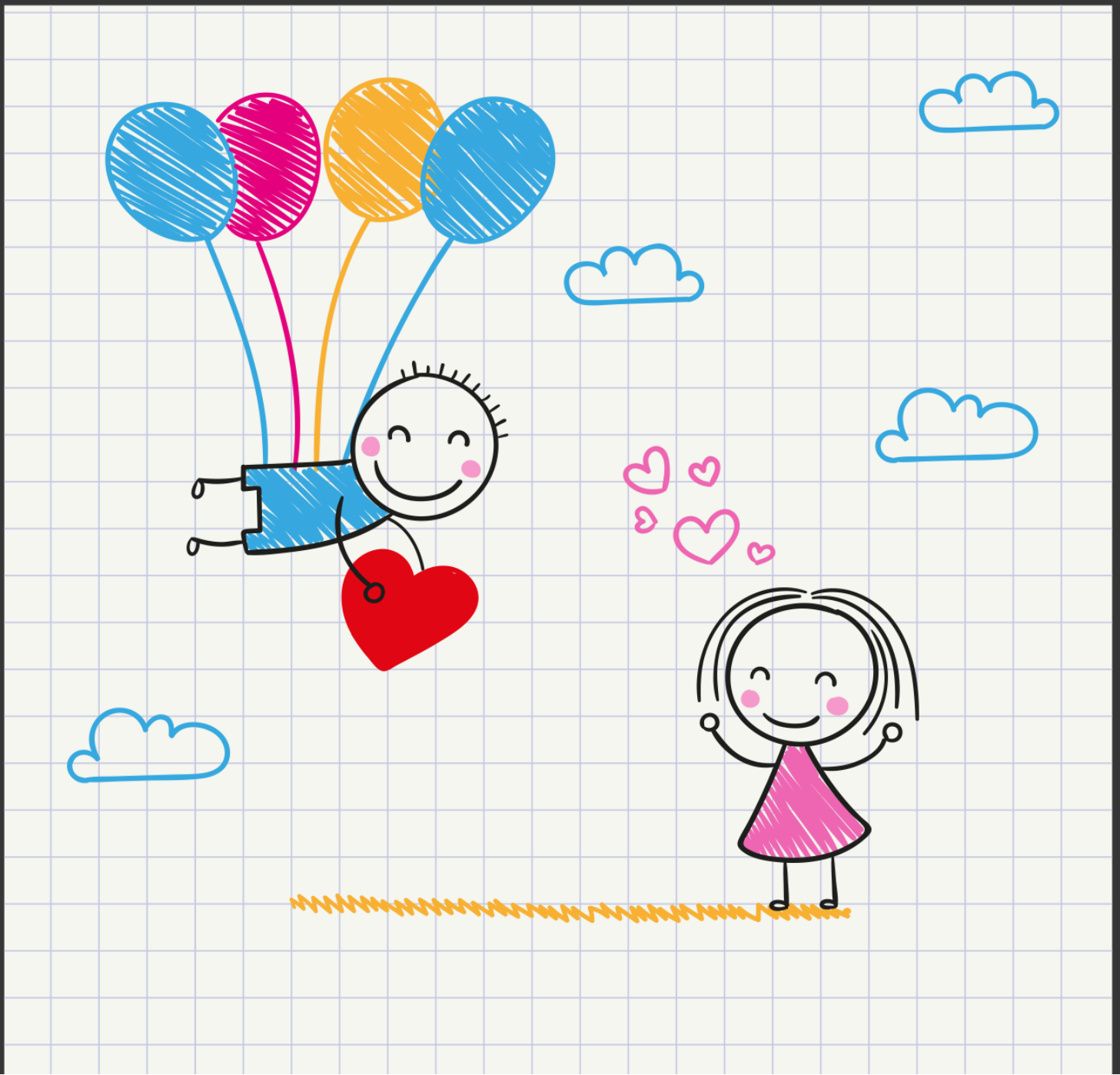


GRAB ATTENTION

AND

ATTRACT YOUR DATE



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Foreword

Getting noticed is one way of building the percentages of raising awareness of the individuals' presence in the most convenient, pleasant and unassuming way. Using these methods will help to portray the person in a good light and thus encourage the approachability factor. For the male gender, this is very important on all levels which include the social and working environment.. Get all the info you need here.

Grab Attention and Attract Your Date

Chapter 1:

Part 1 – Tips for men

Synopsis

The following are some very relevant recommendations as to how a male can get noticed with the correct amount of confidence displayed at any given time:

Tips

Confidence is something that can be garnered with careful and correct guidance and input. One of the ways to appear confident is to be as well versed as possible, on a few selective topics where the intellect of the individual can be clearly displayed within the confines of the said topics.

Injecting relevant comments periodically into the conversation can effectively portray the confidence levels of the individual if the comments are carefully selected for its interesting and informative style.

Besides the ability to converse well and on a variety of carefully selected topics, dressing the part will also help to portray a suitable and impressive level of confidence in the individual. Men who take the trouble to outfit themselves well and comfortably, usually mentally and subconsciously radiate the self confidence aura, that is very positively impacting on those around.

This often very powerful way of portraying confidence, also help the individual gain even more attention and respect than otherwise possible. Therefore the power of dressing well should never be underestimated.

Being well groomed will also help the male to draw admirable glances which will ultimately contribute to the confidence levels

being established and increased. Also all females appreciate the efforts taken by males in their grooming regimen as it shows the characteristics of someone who is meticulous and concerned about his appearance. Getting positively noticed by females certainly helps to build up further confidence levels.

Chapter 2:

Express with body language

Synopsis

Most people would claim that it is comparatively easy to read a woman's body language than that of a male's. However with some knowledge on this and careful observations it is often very possible to read and understand the male's body language portrayals.

The following are some examples of the often used and various body language styles by the male gender.

Expressing

It is said that the eyes are the windows to the soul and often men are not very accomplished in being able to disguise their feeling well when it comes to the eyes. Making direct eye contact and holding the gaze is one definite way the male signals that he is interested in connecting with the other person. If eye contact is not dominant in the meeting, then chances are that he is not really interested in continuing or taking the initial contact to any other level.

The male stance is also another very telling and informing body language movement. Most male with an impressive stance that is shown through the squaring of the shoulders and a straight back position is their way of displaying a high level of confidence. The open stance is a good indication that he will open, confident, friendly and willing to be approached and this is defiantly an attractive feature and open sign to the female who may be interested in engaging in a conversation and connection.

Any show of emotion on the part of the male gender is usually taken as something to be seriously noted, as most males find it very difficult to show any sort of emotion and are usually very guarded in this area. Therefore taking a male's emotional display for granted is not something that would be encouraged as this is probably a very rare display on his part and ridicule or disregard towards this display will not be well received and certainly remembered.

Chapter 3:

Be flirtatious with pickup-lines

Synopsis

There is a fine line between good pick up lines and cheesy one that will end up working against the male instead of for. Therefore some careful consideration should be given to the circumstances, person and type of pick up line chosen to be used at any given time.

Flirting

Most males use the pickup line style to facilitate and create a possible gateway to connecting with someone they would like get to know further. Approaching someone in this style is fairly common and a popularly expected exercise from the male gender. Therefore having a good knowledge of pickup lines would defiantly be an advantage to arm one's self with if making the initial contact is to be well received. Most suave men have fine tuned, this skill to perfection to ensure it comes across as genuine and sincere, thus allowing the female it is being addressed to, to feel special and delighted.

The following are some popularly used pickup lines that most men have found to be useful and appropriate for most occasions:

- Have you always been this cute or did you have to work at it?
- Do you want to talk or continue flirting form a distance?
- Can I buy you a drink and spend some time getting to know you?
- Do you see my friend over there? He wants to know if you think I am cute.
- My friends over there bet me that I couldn't start up a conversation with the most beautiful woman in the place. Can I buy you a drink using their money?
- You are so beautiful you made me forget my pickup line.
- If home is where the heart is, then my home is in you.

Chapter 4:

Energy is the key

Synopsis

Being an active and energetic person usually get the attention of all around and this is especially so if the individual is a male. Energetic males tend to give off a positive vibes that most people are impressed with and ultimately attracted to.

Energy

The ultimate platform to display such energy is in the office environment, on the playing field where games are an ideal way to portray energy and in the gym. The most popular would be the gym as there is always the presence of the female gender if the gym caters to all types of customers.

This is then followed by the office environment where the energy levels displayed are reflected the in work load the male is able to effectively carry. In this environment too, the mixture of sexes, ideally provides for the ultimate platform for displaying the energy levels the individual is capable of. Lastly there is the playing field where games are generally facilitated and where the male is able to display his energy levels in a very competitive and “raw” frame.

In this particular environment however, the attention of the female may not be as prevalent as in most cases the audience would be made up of other supporting male fans.

However this is still a popular platform for displaying the adequate amount of male energy and proficiency in the gaming environment.

Fitness centers are the ideal place for the male to display these energetic capabilities for all to see. Those who are able to impressively carry out various exercise programs are more likely to

attract the attention of the female gender. Here the raw energy is often felt in its purest physical form and can be quite a turn on for those interested in making a connection.

The office environment however project a different kind of energy displayed which is no less impressive and impactful. Many women are automatically drawn to men who can portray such strengths and energy while displaying an aura that is in complete control.

Chapter 5:

Women like guys who speak their mind

Synopsis

Most women today are busy with their own agendas and often find it quite annoying when a man is unable to be clear in his intentions, therefore a male who is capable of speaking his mind clearly and concisely is a welcomed respite indeed.

The fact pace of today's world leaves little time and energy for both the male and female gender to indulge in and explore each other's feelings, needs and wants. Sad as this may be, having a man who clearly states anything and everything, will allow for the female to make the necessary adjustments and considerations when it is called for. This will definitely be very beneficial to both parties, and will certainly save a lot of time, energy and heartache in the long run.

Speaking Up

Having the courage and eloquence to speak their mind, clearly shows individuals who know what they want and see no reason to beat around the bush or delay getting the thoughts and needs across, for others to be aware of.

This is often connected to the element of power which is an impressive tool to use when the male is trying to create a scenario that is designed to impress the female.

Being decisive and confident also give the other party a good insight to the characteristics of the male individual and if this assertiveness is display in a non offensive manner it is almost always well received.

When the male wants to speak his mind, the content of what he want to put forth should ideally to the point as being long winded is not an attractive feature for males.

This will help those listening to be engaged totally in what is being said and this will help the speaker garner the attention and support needed to make what is being said accepted favorably

Chapter 6:

Tips for women

Synopsis

The eyes are the windows to the soul, is the popular saying and this is very true when the female gender uses this feature to attract the attention of the male. A lot can be said with just using the eyes and when this simple art is well mastered, the woman is able to successfully convey intended messages without fuss, as this is based on the simple laws of attraction.

The eyes are sometimes the very first indicator used to display the interest in the other party. When a gaze is held for just a moment longer than necessary or when the woman looks directly at the man, there are very clear indications of some interest being displayed at a very primal level.

Pupil dilation and prolonged gazes are a sure tell tale sign of heightened interest. Most females express interest by returning the gaze of a male with an equally direct gaze which is accompanied with a smile. This is a clear indication that contact would be welcomed.

Great Info

There are several different types of eye contact that can and should be used, as different guys and scenarios dictate the necessity to use different eye contact techniques.

If a guy is shy, making eye contact in a direct and unblinking manner may end up frightening the guy of, as he would perceive the woman as being too strong and aggressive for him.

Therefore, in this instance, it would be better to engage in fleeting glances and a smile as this would definitely help to display the interest, while still giving the guy the opportunity to make a move towards initiating contact.

For the more outgoing and confident male, displaying direct and unblinking eye contact would be a better way of displaying interest in connecting with the person. This more aggressive approach would be welcomed by the male, who is confident, open and keen to meeting new people.

Chapter 7:

Words that blind men

Synopsis

Depending on how, a woman goes about speaking her mind, perceptions and preconceptions are formed, either in a complimenting light or otherwise. Most women today are more likely to speak their mind publically than the previous generation would. As this is becoming more and more common, men too have learnt to accept this and view such women in a better light. Some men even go as far as to say, they appreciate such women for the honesty and directness extended, as men generally do the same when it comes to communication.

Words

However there is a fine line between being direct and being rude and defensive. Women who want to be taken seriously need to understand this fine line and accept its existence. Learning to be vocal without crossing this fine line, will give women the credibility they seek, when voicing an opinion or commenting on something. Often women make the mistake of coming off sounding aggressive and defensive, and this usually infuriates or irritates the male gender.

The following are some popular words spoken by strong women who cause men to be blinded and thrown off their game:

- I want you more than a Popsicle on a hot summer day.
- Which one of you guys is buying me drinks tonight?
- Did I see you in GQ?
- I got tired of waiting for you to come over so here I am.
- I am doing a survey on hot guys, can I sit with you.
- Did the sun just come out of did you just smile at me?
- Hey did u see the game last night or were you too busy getting laid?

Although some of these pickup lines can seem a little aggressive, most men who are interested in making a connection would welcome this style of being straight to the point.

Chapter 8:

Attract guys with the scent of a women

Synopsis

Chemically and scientifically speaking the natural scent of a woman is a very powerful attracting feature that men can tune into on a subconscious level. A lot of research has been done to prove this every basic and primal point in the seduction scenario.

Scent

The testosterone levels in men are heightened when their subconscious detects the natural scents of a woman and this is especially so when the woman is in ovulating mode.

However today commercially speaking there are a lot of scents promoted to seeming cover this natural woman scent and these alternative scents are usually well received, if they are not too overwhelming and suffocating.

Because recent studies have shown that a man's testosterone levels are linked with sexual interest, however very little scents available today are willing to mimic this scent too closely as other scents are deemed more pleasing and acceptable.

Using a perfume or cologne that has copulins in it, will help to create the woman's scent on a more pleasant level while still being able to attract the male interests sexually.

The presence of human pheromones in perfume and cologne are somehow able to ignite very positive effects on either sex but more so on the male.

Therefore it would be a good idea to use the scents that contain these couplings in the pheromones to create the ideal scent to attract the attention of the male without having to have the assistance of other prevailing factors. Most perfume industries today, actively promote these womanly scents by combining them with other scents such as

those of the floral base, sweetened scents like candy and even natural environmental scents.

In the quest to attract the male gender, women need to take the initiative to discover ways that successfully attract their attention and hold this attention long enough to make a solid connection..

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Chapter 9:

Touches from a women

Synopsis

There is a lot of power in the human touch and this is evident even from a very young age where children respond well to the touch of a loving hand. The touch of a woman can speak volumes to the male body and mind, and learning to master this to an advantage, will give the woman an edge that will definitely be beneficial in all scenarios.

Whether the touch rendered is of the motherly kind or of the sexual nature, men usually respond favorably and become “silly putty” in the woman hand.

A simple caress or a friendly hug can go a long way in creating the comfortable setting for a pleasant evening or encounter. Other touches can take on the form of a warm handshake, a light touch on the shoulder, a gentle nudge of the arm all convey the message that the woman is open and comfortable in the situation or phase of the friendship.

Touch

However if the woman is clearly looking for a more committed encounter, the style and delivery of the touch will be more of the lingering and intimate nature.

This longer lasting touching encounter will usually give off signals that are usually interpreted as welcoming to the male to make further connections on a more intimate level.

There is usually no further need for any other promptings required, as the male gender is almost always more that eager to connect to a more physical level than the female, thus any physical indication such as the touch, will be enough to give them the “green light” to proceed.

Most men will attest to responding well and certainly remembering a woman who they met fleetingly, simply because of the touching action that the woman indulged in and extended throughout the encounter.

Therefore if the intention to create a lasting impression to ensure the male’s interest is to be kept fuelled, it would be in the best interest of the woman, to master the art of touching.

Wrapping Up

Women who have a good sense of humor are usually also very easy going and are great company to be in. Having a good sense of humor is an attractive feature that men find very refreshing and enjoyable as it helps to put them at ease and off their usual guarded self.

Men are comfortable and often driven by humor as the ideal outlet for the often pressurized circumstances the work life induces. Therefore being in the company of a woman who is capable of enjoying a joke or two without being offended is very refreshing indeed.

Most men enjoy the company of a woman who can laugh at almost anything as it shows that she is comfortable enough in her own capabilities and disposition to be able to look at life in a lighter and less daunting picture. A woman with a good sense of humor usually is a welcomed addition to any group, male or female.

Humor often acts as an ideal icebreaker, therefore armed with a good sense of humor the woman is usually able to simulate well into any situation and bring out the best in everyone especially the males. Humor can also be used to defuse difficult dating situations and are almost always a possible occurrence, during initial dates.

This sense of humor can work well to salvage any scenario that seems to be heading for disaster and turn it around for the better.

In relationships, where both parties have become very familiar with each other, sometimes the addition of a little humor injected into the relationship can help to bring the spark back.

A good sense of humor can also be the defining factor that keeps the relationship going strong. Humor is a very dominant element that keeps everyone feeling relaxed and comfortable, and when this element is present, no one really wants to cause it to change.

Therefore all parties are more than happy to go along with this very positive characteristic and encourage its presence.