Turning Everyday Dinners into Spooky Meals

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When it comes to holidays, the family cook may feel frustrated because they feel they are in a rut. They want to offer their family something different but may not be able to come up with ideas. Consider turning everyday dinners into spooky meals leading up to Halloween.

Start with your traditional pasta and meatballs but give it a ghoulish twist. Instead of making normal meatballs, make eerie eyes with cheese, olives and pimientos. You can use either black or green olives, depending upon what your family likes better.



Dinner will never be the same once you serve your family worms. Take your favorite hot dog and slice it in half and then in half again. Grill the hot dogs and watch them twist and turn into worms. You can use these as an alternative to meatballs on spaghetti or to top your favorite salad. Use your imagination and you will likely come up with ideas of your own.



Create a mummy meatloaf. Shape the meatloaf mixture into a body and wrap it with one-inch strips of puff pastry or pie dough. Bake the meatloaf and then create eyes using olives. The wrapping can be bloody by squirting a little ketchup on the pastry.

Do you need something to serve with your mummy meatloaf? Scare up some ghosts by making Mashed Boo-Tatoes. Start by making mashed potatoes like you normally would, but make them just a little thinner. Place the potatoes in a plastic bag and cut the corner off. Squeeze out the potatoes to resemble ghosts. Add sesame seeds or pieces of black olives for eyes.



Serve your family bat wings for Halloween dinner. Of course, these are actually chicken wings. You can prepare them in any number of ways. Using soy sauce will darken the skin of the wings so they look different than normal chicken...or add a little food coloring.

Pea soup can be renamed "green slime" in keeping with the Halloween theme. You can also make a green curry soup which will pass for slime.

Finally, if your family enjoys one-dish meals, try Kitty Litter Casserole. This is made with ground beef, rice, shredded cheese and Bisquick. This will be similar to Shepherd's Pie but without the vegetables.

Use your imagination when it comes to turning everyday dinners into spooky meals. Your family will enjoy the change of pace and you may even find something they ask for each year at Halloween.

Cooking Info Products

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<u>Fun With Gluten-Free, Low-Glycemic Food Cookbook</u> - Helpful for people with everything from celiac disease and diabetes to IBS (irritable bowel syndrome)

YummyArts.com - Cake and Cookie Decorating Website

<u>Complete Illustrated Guide to Homemade Wine</u> - describes and illustrates the simple step-by-step procedures for making perfect home-made wine