Exploring Australia

by Admin

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Australia for the Outdoor Enthusiast

Do you love the out of doors? Are you an active adrenaline junkie? If you like talking a walk on the wild side then Australia may be a premier destination for you. In every corner of the country there are daring, daunting, and darling outdoor adventures to be had.

Love Wildlife?

If you enjoy wildlife and getting real in nature, you'll love Australia. Kangaroo Island is home to a wildlife reserve full of koalas, penguins, and of course kangaroos. You can go diving in The Great Barrier Reef if oceanic wildlife is more your style. There's also diving off of Kangaroo Island where you can swim with dolphins.

Beach Comber?

Australia is one long coastline packed with amazing surfing beaches. Queensland, New South Wales, Noosa, the Sunshine Coast, and Kirra Beach being are considered some of the best surfing. Steer clear of the northern coastline which is known for stinging jellyfish.

A Love of Boating?

Australia provides the opportunity to sea kayak, canoe, or white water raft, so there's plenty to do if you enjoy boating. Some river tours take you through virtually untouched aboriginal country where you can explore the rocky shorelines of neighboring islands. Boating is a great way to get a new view of Australia and have a unique experience.

Hiking Anyone?

Hiking is one of the most popular activities in Australia. There are actually 550 national parks. Uluru, aka Ayres Rock, is part of the Uluru-Kata Tjuta National Park. You can hike the Blue Mountains or Cradle Mountains or head to the

Gorges found near Alice Springs on the edge of the MacDonnell Ranges.

Camping for Everyone

Last, but certainly not least, is the very popular Australian pastime of camping and caravanning. In fact, you can rent a van or camper and travel around the country stopping at predetermined sites. It's a great way to explore the country and enjoy a different experience. It's an affordable and fun way to see this beautiful country.

Whether you love nature and adventure or you want to experience Australia in a fun and unique way, there are numerous opportunities to explore. Go diving and view fish, sea dragons, and dolphins up close. Rent a sea kayak and explore the shoreline of a remote island. Go hiking in a national park or wildlife sanctuary and watch koalas linger high up in the trees. There are so many ways to explore Australia; you'll be hard pressed to choose just one.

Five Australian Icons to Visit

Australia is a vast country with an abundance of places to visit. First-time travelers can feel overwhelmed with all there is to see and do. If you're heading to Australia or planning a trip, consider visiting these five Australian icons.

Uluru

Most commonly known as Ayers Rock, Uluru is a sacred rock in the Uluru-Kata Tjuta National Park. It's one of Australia's most notable national landmarks. This sandstone feature stands almost 1200 feet above sea level. The park is full of other unique and notable land formations. It'd be easy to spend several days here and still not see and experience all Uluru has to offer.

The Great Ocean Road

While this stretch of highway stretching 151 miles along the south-east coast of Australia is scenic, it represents much more than a pretty drive. The Great Ocean Road is the world's war memorial. It was built to honor the lives lost in World War I. Stretching between the Victorian cities of Torquay and Warrnambool, visitors can spend a day stopping and enjoying the many scenic overlooks and landmarks.

Sydney

Sydney, Australia is home to one of the most beautiful harbors in the world, Sydney Harbor. It's also home to the Sydney Opera House, Harbor Bridge, The Royal Botanical Gardens and a number of beautiful beaches. If you enjoy exploring metropolitan cities, you can't find a better one than Sydney. With more than four million Sydneysiders, residents of Sydney, this city provides an abundance of places to visit and things to do.

Melbourne

Only slightly smaller than Sydney, Melbourne is the capital city of the state of Victoria. It's the cultural center of the country and often considered the "World's Most Livable City." If you enjoy the theater, music, architecture, museums, festivals, or even competitive sports, Melbourne is a great place to visit.

Kangaroo Island

There are two things that many people think about when they imagine Australia - kangaroos and islands. Australia is surrounded by a number of large and small islands including Tasmania and Melville Island. Australia's third largest island is Kangaroo Island.

The island houses a wildlife sanctuary that is incomparable. In the sanctuary

you'll find koalas, penguins, sea lions and of course kangaroos. You can camp under the stars or stay at an exclusive lodge with an abundance of amenities. Diving off of Kangaroo Island is supreme too. You can swim with the dolphins, explore shipwrecks, or play with sea dragons. You won't run out of things to do on Kangaroo Island.

Australia is a friendly country with something for everyone. As you plan your trip, make sure to save time for one or more of these five Australian icons.

Food and Wine in Australia

When you think about Australia you probably envision beautiful landscapes, scenic beaches, and unique wildlife. You may not think about gourmet culinary delights and some of the best wines in the world. Well foodies and oenophiles rejoice, because Australia is a fantastic place to visit if you love food and wine.

Welcome to Wine Country

Many people are unaware that Australia boasts a premier wine-growing region. In the southern end of Australia you'll find many world renowned vineyards including Chateau Yering, Domain Chandon, Barossa Shiraz, and Eden Valley Riesling. You can enjoy Shiraz, sparkling, Riesling, Pinot Noir, or Chardonnay. Premier vintages are grown all through southern Australia. Some of the most notable wine-growing regions include:

- * Yarra Valley
- * Barossa Valley
- * Coal River
- * Bondi
- * Swan Valley
- * Poacher's Trail

Great Food

There's more to Australia than cute and furry indigenous animals, there's fantastic food too. Much of the cuisine is native to the local region, which means you're dining on the freshest ingredients. For example, you'll find mangos, bananas, paw-paws, pineapples, and lychees around Cairns. Fresh coffee and macadamia nuts are also often part of the food culture. And because the country is surrounded by ocean, that means plenty of fresh fish and seafood.

A Diverse Culture

The many metropolitan cities - including Perth, Brisbane, Melbourne and of course Sydney - mean a diverse culture. A melting pot of cultures often means native foods are combined to create new and interesting recipes. Big cities also mean fine dining. Some of the best areas for fine dining include:

Darwin's Mindil Beach Sunset Market – This market is held every Thursday night between May and October. You can find more food stalls than you can sample. And the restaurant fare ranges from crocodile to satays.

Bondi – The Bondi Pavilion and Bondi Backstreets offer a unique combination. On the Pavilion you'll find a wide variety of fine dining restaurants. In fact, Icebergs has received top mention in Food & Wine magazine. Head to the Bondi Backstreets and enjoy food ranging from fish and chips to tapas and more.

Surry Hills – Surry Hills is an inner-city suburb of Sydney. It's rich with an abundance of fine dining restaurants including several that make the country's top lists and are noted in magazines around the globe.

Whether you're in the mood for fried crocodile or you'd prefer a French bistro overlooking the harbor, Australia has the dining experience food lovers crave.

And when you add a locally grown, nationally recognized bottle of wine to the table you have the makings for a memorable meal and vacation.

How to Get Around Australia – A Guide for Travelers

Heading to Australia for business or pleasure? Chances are you'll need to get from one point to another. Australia is a big country and it's important to make travel plans and understand your options before you arrive down under.

Air Travel

Most people arrive in Australia by airplane. However, you can also get from the north side of the country to the south side by plane. And if you're visiting an offshore island like Tasmania, a small chartered airplane may be ideal. Tasmania actually has a major airport, Hobart International Airport, and several smaller airports.

Boat and Ferry

Whether you're traveling along the shore, from Australia to a neighboring island, or up one of the many beautiful rivers, boat and ferry are a common form of transportation. In fact, The Spirit of Tasmania runs a passenger and vehicle ferry service which runs between Melbourne and Tasmania every night. Other ferries connect South Australia and Kangaroo Island, and ferries connect the suburbs to Sydney, Perth, and Brisbane.

By Car

Australia has some of the most scenic and memorable roads in the world. The Great Ocean Road, the world's longest World War I memorial, stretches 151 miles. Australia is a car-friendly country. However, be forewarned if you plan

on driving in Australia that they drive on the left-hand side of the road. This can be confusing and terrifying for right-sided drivers. Rent a car or hire a driver. Car travel is safe and easy in Australia.

By Rail

Train is considered one of the most affordable means of transportation in Australia. However, you can take a luxury cross-country trip across this vast country, too. Rail travel provides a unique perspective on some of the country's landscapes and sights. If you enjoy traveling by train you might be interested in some of the famous routes including:

* The Ghan and Indian Pacific crosses the continent and is known for comfort and old-style romantic luxury.

* The Indian Pacific travels between Sydney and Perth. It makes stops in the charming areas of Broken Hill, Adelaide, and Kalgoorlie.

* The Ghan travels between Adelaide and Darwin – with views of Australia's Red Centre and the tropical Top End.

Public Transportation

Last but not least is public transportation. Within the many major metropolitan cities, traveling by bus, taxi cab, or even monorail, light rail, and tram is an option. If you're traveling by bus or tram, make sure you understand the schedule and stops so you don't get stranded.

Traveling in and around Australia is simple. Plan your trip and explore your best options for that area. With an abundance of choice, you should be able to get where you need to go easily and efficiently.

How to Travel Safely in Australia

Planning a visit to Australia? Before you go, it's important to be informed about the various safety precautions unique to this vast country. Australia is generally a safe country. And while it does have major metropolitan cities and crime, that's not what a traveler usually needs to be concerned about.

Animals

Australia is home to many indigenous animals. We're talking about koalas, kangaroos and wallabies. However, there are also spiders, snakes, lizards and a variety of aquatic life. When in nature - whether on shore or in the ocean - it pays to give these animals a wide berth. Sure a kangaroo looks cute but they can kick, hard. Emus can too. Crocodiles are present along the rivers, freshwater lagoons and coastal beaches of northern Australia. Take a photo and stay back from the wildlife.

Road Safety

Road safety may be your biggest concern while traveling in Australia. Animals are often found crossing the road in remote areas and can be a significant hazard. Additionally, in remote areas you'll need to plan your trip well because you can travel a long distance between gas stations. It's terrible to run out of gas in the outback.

Australians drive on the left-hand side of the road. If you're not accustomed to this, it can be a harrowing experience. You'll also want to make sure you understand the road signs and know the distance between points. The Australian government offers a chart with estimated mileage between major points.

Beach, Sun, and Surf

Australia is home to some of the world's most beautiful beaches. You can dive, surf, or just enjoy the ocean breeze. The beaches also present some danger. The

beaches off the coast of Northern Australia are known for their stinging jellyfish – it's not a great place to swim or surf. In fact, you can find jellyfish and other dangerous animals all around the coast of Australia.

Many beaches also have rip currents. Pay attention to the signs and know how to escape a rip tide should you get caught in one. Always swim, surf, or dive with someone else.

Hiking and Exploring

Home to more than 500 national parks, it's easy to spend your vacation hiking and exploring the back country, mountains, and nature of Australia. Try not to explore alone. Take someone with you. And if you do head out on your own, make sure someone knows where you're going and when you'll be back. Then don't deviate from your plan. All it takes is a twisted ankle and you can become quite vulnerable to nature's elements.

In general, Australia is a safe place to travel around. Be smart. Learn what to expect and know how to handle potential situations.

Planning an Australian Vacation? Ten Things You Need to Know before You Go

Traveling to any new country can be an eye-opening experience. It's an opportunity to learn about a new culture and a different way of life. While some of these experiences are more fulfilling to learn when you're visiting, often it's important to find things out before you go. Here are ten things you need to know before you visit Australia.

1. They drive on the left - Unlike most countries, the Aussies took a page out of the United Kingdom driving manual and they drive on the left-hand side of the

road. If you've never driven on the left-hand side of the road it can take some getting used to and the journey can be quite harrowing.

2. Their summer Is Your Winter - Another important thing to know before you go is that if you live in the northern hemisphere, Australia's seasons will be the opposite of yours. For example, January is winter in the northern hemisphere but it's the middle of summer in Australia. This matters for several reasons. You want to make sure your weather fits your desired vacation. Additionally, Aussies take their summer vacation in January, making it a challenge to find hotels, campsites, and other accommodations.

3. Tipping – It's not customary to tip in Australia and service charges are not added to your bill. You can tip but it's not required or expected.

4. They use the metric system – If you're not accustomed to distances and measurements using the metric system you may have a challenge. The good news is that many smart phones offer conversion applications.

5. Not all beaches are fun – The beaches on the northern coast of Australia are riddled with stinging jellyfish. Don't plan your surfing adventure here.

6. Don't book a stay in a hotel – Hotels in Australia are casinos. Look to stay in a motel and you'll be sure to have a bed.

7. Know the road – A driving vacation is an excellent way to see the country. However, be prepared for long distances between towns and gas stations. Don't get stranded in the outback!

8. Melbourne and Sydney are great – However, if you want to experience Australian city life, consider Brisbane or Perth. They're both beautiful, growing cities with a lot to offer.

9. Wine lovers rejoice – When you think of Australia you may think about beer; however, Australians have magnificent wine. If you love wine, consider

visiting South Australia and all of the many wine regions.

10. Packing your appliances – Hair dryers, electric razors and other devices require electricity. Many hotels provide 110-volt outlets for razors. However, you'll want to pack a converter and travel adapter for your other appliances. You'll want to know that Australian power outlets take three flat-prong plugs.

Australia is a beautiful, vast, and friendly country. You'll have a great time during your stay. However, keeping these ten tips in mind will help you have the best experience possible.

Sightseeing in Melbourne, Australia

If you're planning a trip to Australia then chances are Melbourne is on your list of places to visit. There are an abundance of things to do in the state of Victoria's capital city. In fact, there may be so many places to visit and things to do that you need to extend your stay.

Museums, Theater and More

Melbourne is the cultural center of Australia. Full of theaters, music venues, and museums, you'll be hard pressed to see and do it all. If you love film and television, Melbourne was the birthplace of Australian television and it has a strong film history. You can enjoy the ballet, opera or night-time musical entertainment at many of the city's concert halls and stages.

Shopping and Dining

Melbourne's bohemian Brunswick Street is the premier place to find a combination of art and fashion; you'll also find great food, too. And if bohemian flair isn't to your taste, you might prefer the more upscale shopping

district of Chapel Street. There's plenty of sightseeing and shopping to do in Melbourne.

Sightseeing

The St Kilda promenade is a wonderful place to sit and people watch or enjoy the beautiful view. If you enjoy nature you might take an afternoon and visit the Royal Botanic Gardens where you can take an Aboriginal Heritage Walk. Melbourne also has an extensive history. With aboriginal people, a historic gold rush in the 1850s and the foundation of the Australian government, Melbourne has an abundance of historic charm - including some of the most amazing architecture you can find in the country.

Sports

Melbourne is home to a number of world-class sporting events including the Australian Grand Prix, the Australian Open tennis tournament, horse racing, rugby, cricket, and the world-famous Australian Rules football. If you enjoy football, take in a game and watch how they play down under.

Nature

While Melbourne is a metropolitan city with more than four million citizens, there's also an abundance of opportunity to get out and enjoy nature. The Yarra river flows into Melbourne and provides water lovers with an opportunity to sightsee and take in a number of river activities. Melbourne also offers many notable parks including Port Melbourne and Albert Park.

Just outside of the city you can enjoy a drive along the Great Ocean Road, stop and visit the Twelve Apostles and enjoy world-class beaches – ideal for surfing. Take a hike on the Great Alpine Walk.

Regardless of your preferences, there is something to do in Melbourne, Australia. Make sure you have enough time to see and do it all.

Tips to Plan Your Walkabout

A Walkabout is defined as a "journey on foot undertaken by an Australian Aboriginal in order to live in the traditional manner." Meaning it is a rite of passage for the Aborigines. The male teenagers would venture out on their own and may be gone as long as six months. However, the term has also come to represent a spiritual journey that one might take. It might also simply refer to a desire to wander, explore, and enjoy a trip.

If you desire such a trip, it's important to make a few plans and preparations.

Deadline or Destination?

Because a walkabout is an expedition and it may not have a specific itinerary, it's important to have some sort of ending point. The ending point may be a destination. For example, you may start at the tip of a national park and plan to head to the opposite end. Or you might have a date that you'll be finished. For example, you might head to a wildlife reserve or national park in Australia and camp and hike for five days. You don't need a schedule or itinerary, simply a desired end point.

Contacts and Communication

If you're doing this walkabout on your own then it's vitally important that you let others know where you're going. You don't need to be in constant communication with them. However, let them know your destination and/or the date to expect to hear from you. If you have a general path that you'll be following, make sure that information is shared as well. This way, should there be an emergency; someone will know where to find you. Gear Requirements

Depending on the type of walkabout you're contemplating, there will be various gear requirements. For example, if you'll be hiking through Uluru then you'll need sun protection, water and water purification, as well as shelter. If you're camping in a cabin in Tasmania then you'll need different items.

The weather will also affect your gear choices and requirements. Check with the locals to learn what to expect so that you can make a good gear checklist and travel with the necessary survival supplies.

Finally, consider having an alternative plan. Sometimes things just don't work out. For example, maybe you'd planned on traveling by river but recent rains have made the waters dangerous. Part of the walkabout adventure is going with the flow.

If you're heading on a walkabout you'll undoubtedly learn much about yourself. It can be an excellent experience and a necessary step on your path. At the very least you'll have an Australian vacation to remember.

Visiting Australia? Why a Tour Company May Be the Smart Choice

Did you know that Australia has more than 500 national parks? Both Sydney and Melbourne have more than four million residents each. The population of Australia is almost twenty-three million and growing. And the country covers a vast 2,941,299 square miles. With a country of this size, it may make sense to hire a tour company.

Inside Information

When you're traveling independently, it can be a challenge to know the authentic from the touristy. If you want to enjoy an authentic Australian

experience, then a tour company can be the ideal solution. A tour company can show you where to shop, where to eat, and what sights to see. Traveling Australia is what they do for a living, so you know a tour company can provide you with the best possible itinerary and experience.

Custom Vacations

There are dozens of top-quality tour companies in Australia. Some specialize in luxury vacations while others may help you have the dream adventure vacation. Whether you want to enjoy the metropolitan delights of Sydney and Melbourne or you want to frolic with the animals in Tasmania, a tour company can help design your perfect vacation.

Convenience

One of the biggest challenges of traveling abroad is transportation. When you book a tour, you don't have to worry about transportation. It's taken care of. Dining reservations are made and hotels are booked. All you have to do is show up and have fun.

Camaraderie

There are many different types of tour vacations. Some can be quite large and that often helps bring the price of the trip down. It's a great way to enjoy the company of other like-minded travelers and to meet new people. You can also book small group tours if you don't enjoy large groups. These tours are more intimate and can often be a nice way to explore Australia.

Money Savings

When you travel with a tour company you're able to enjoy the benefit of group discounts. For example, if you were traveling alone it might cost you \$100 to see a show. However, with a group the price may drop to \$75 or even \$50 a ticket. You'll save money on transportation, hotel reservations, and group

sightseeing.

Safety in Numbers

While Australia is a generally safe country, there is still opportunity for trouble. When you travel with a tour group you won't unintentionally end up in a bad area of town. You have a tour operator and a group of people who are all looking out for one another.

Traveling in a tour group is fun too and it's not just for extroverts. Any tour offers plenty of down time and time to explore on your own. If you are interested in visiting Australia, consider booking a tour with one of the many exceptional tour providers.

When Is the Best Time to Visit Australia?

When traveling abroad, it helps to know the climate of the place you're visiting. It can also be important to know the busy tourist season as well as national holidays. This information can help you choose the best time to schedule your visit.

The Climate and Seasons

Australia is in the southern hemisphere. This means, if you're from North America, that the seasons are opposite to yours. Their winter is your summer and vice versa. That means when you're knee-deep in snow and sub-zero temperatures (around February in much of the northern hemisphere), Australians are basking in warm summer temperatures. It's the ideal time to visit if you plan on enjoying the sun and surf. On the other hand, if you're visiting Australia and want to go skiing, then August may be a better time to plan your trip. Location affects your decision too. The further south you go in Australia, the colder it gets because you're moving away from the equator. So Melbourne in August is likely to be quite chilly.

Cheap Air Travel

If you're on a budget, you may be happy to know that airfares tend to be less expensive from April to August. This is because it's fall and winter there and fewer people travel to Australia during the winter months.

High Tourism Season

If you're planning on visiting the southern states of Australia, you may want to visit them during their summer when temperatures are mild. On the other hand, the northern states can be quite pleasant during their winter months. From April to September the temperatures during the Aussie winter range from 68 to 88 degrees. June, July, and August tend to be the busiest months of the travel season and experts recommend making reservations well in advance.

October through March is generally too hot for most travelers while September and October are quite temperate throughout the country. It's also recommended to steer clear of Australia from Boxing Day on Dec 26 through the end of January, which is when Australians tend to take their summer vacations.

Plan the timing of your vacation around your priorities. For example, if you want to enjoy a beach vacation then plan your trip during the Australian's early spring or summer months (September through November or December for those in the northern hemisphere). If your priority is to travel inexpensively, then go during the off season when airfare and accommodations are at their lowest and prepare to deal with the heat.

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